



DIRECTIONS

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| 1. Get off at Exit 10 and travel North on Range Ave. | 1.9 |
| 2. Bear RIGHT (North) onto US-190 [Florida Ave SW] | 1.8 |
| 3. Turn LEFT (North) onto Edén Church Rd | 0.4 |
| Or | |
| 1. Get off at Exit 12 and travel North on Juban Rd. (HWY 1026) | 1.5 |
| 2. Turn LEFT onto US-190 [Florida Ave SW] | 0.6 |
| 3. Turn RIGHT (North) onto Edén Church Rd | 0.4 |



12th Annual Denham Springs Tournament

VERY SPECIAL GUEST:

*Senior Master Daniel Longoria
& other **ATA** Masters and Seniors*

Web Site: www.Tournament.ATAAcademy.com

MESSAGE FROM YOUR HOST

Dear Instructors and Students,

I would like to take this opportunity to invite you to attend our 12th Annual Denham Springs Regional Taekwondo Championships. For those of you that have never been to the Denham Springs area before, you are in for a real treat. We are centrally located near many of South Louisiana's most interesting sites. One of our newer places to visit in Livingston Parish is the Bass Pro Shop. The Bass Pro Shop is located right near our host hotels.

Denham Springs is also the home of the famed Antique Village. The Antique Village houses an assortment of antiques, pottery, and beautiful furniture. Also, like anywhere in South Louisiana, Denham Springs has its share of fine **CAJUN CUISINE**. If you have the opportunity, please visit some of our local restaurants like Cocodries, Islamorada (located in the Bass Pro Shop) and Don's Seafood Hut.

This year our tournament is located at the North Park Recreational Center in Denham Springs, Louisiana. The facility is perfect in size for a tournament, featuring a separate area for Tiny Tiger competition. Additionally, all rings for this tournament will have mats!

I hope to see you there.

Sincerely,

Master Jason P. Dendy
6th Degree Black Belt

HOST HOTEL ACCOMMODATIONS:

DAYS INN

201 Range 12 Blvd.
Denham Springs, LA 70726
225.667.7555
Room Rate: \$69.99

LOCATION:

NORTH PARK RECREATIONAL CENTER
30372 Eden Church Road
Denham Springs, Louisiana 70726

SCHEDULE OF EVENTS

SATURDAY, APRIL 24, 2010

7:00 AM	Doors Open for Registration
7:45 AM	Mandatory Black Belt Meeting
8:00 AM	Tiny Tiger Judges and Junior Leader Meeting
8:30 AM	1 st -3 rd Degree Adult Competition
	Color Belt X-treme and Creative Competition
10:00 AM	Opening Ceremonies
10:30 AM	Junior Black Belt Competition
	Tiny Tiger Competition
11:00 AM	Junior Color Belt Staging
11:15 AM	All Special Abilities
12:30 PM	Junior Black Belt Creative and X-treme
1:30 PM	Adult Color Belt Staging; Adult Black Belt X-treme and Creative

RULES:

ATA rules will be strictly enforced. Consult your instructor.

EQUIPMENT:

ATA standard sparring gear, mouthpiece, cup and ATA standard, clean, white uniform required. Chest protectors and face shields are required.

DISQUALIFICATION:

Any person or group of people disqualified for misconduct or poor sportsmanship will be barred from competition for 3 years.

REGISTRATION:

- \$35.00 – Songahm Forms & Sparring
- \$25.00 – Traditional Weapons
- \$25.00 – Specialty Event 1
- \$15.00 – Specialty Event 2
- \$15.00 – Specialty Event 3
- \$15.00 – Specialty Event 4

FOR MORE INFORMATION PLEASE CONTACT:

DENHAM SPRINGS ATA MARTIAL ARTS

141 Aspen Square • Suite A
Denham Springs, LA
(225) 665-3301

or

Email: information@dsatamartialarts.com

Denham Springs Regional Tournament 4/24/2010 Tournament Schedule

Saturday:

- 7:00 AM Doors Open & Registration Begins (all Region 116 competitors should register with your Instructor)
- 7:45 AM Mandatory Black Belt Meeting (Adult & Junior Black Belts ages 12 and up)
- 8:00 AM Tiny Tiger Judges and Junior Leader Meeting
- 8:30 AM 1st thru 3rd Degree Adult Competition Begins*(if more than one group is listed for each ring, the 2nd group will be the on-deck group):

Ring No.	Division
1	1st Degree / 17-29 / Men
1	2nd - 3rd Degree / 17-29 / Men
2	1st Degree / 30-39 / Men
2	1st Degree / 40 - 49 / Men
3	1st Degree / 17-29 / Women
3	2nd - 3rd Degree / 17-29 / Women
4	1st Degree / 30-39 / Women
5	2nd - 3rd Degree/ 30-39/ Men
5	2nd - 3rd Degree /40 - 49/ Men
6	2nd - 3rd Degree /30-39 / Women
7	1st Degree /40-49/ Women
7	2nd - 3rd Degree / 40-49 / Women
8	1st Degree /50+/ Women
8	2nd - 3rd Degree /50+/ Women
9	1st Degree /50+/ Men
9	2nd - 3rd Degree /50+/ Men

*In the event that we do not have enough judges to facilitate all 1st - 3rd degrees competing before Opening Ceremonies, some groups may compete later in the day.

**4th and 5th degrees will compete throughout the day.

- 8:30 AM Color Belt Xtreme and Creative Competition Begins*

Ring No.	Division
10	Xtreme Color Belt Juniors Ring
10	Creative Color Belt Juniors Ring
11	Xtreme Color Belt Adults Ring
11	Creative Color Belt Adults Ring

*Creative competition will begin after Xtreme competition has finished. Ring Numbers may change according to the size of divisions.

10:00 AM Opening Ceremonies

10:30 AM Junior Black Belt Competition Begins:

Ring No.	Division
1	1st Degree / 7 & under / Boys
1	1st Degree / 7 & under / Girls
1	2 nd – 3 rd Degree / 7 & under / Boys
1	2 nd – 3 rd Degree / 7 & under / Girls
2	1st Degree /8 - 10 / Boys
3	1st Degree / 8 - 10 / Girls
4	1st Degree /11 - 13/ Boys
5	1st Degree / 14 - 16 / Boys
6	1st Degree / 11 - 13/ Girls
7	1st Degree / 14 - 16 / Girls
8	2nd - 3rd Degree /8 - 10 / Boys
9	2nd - 3rd Degree /11 - 13 / Boys
10	2nd - 3rd Degree /8 - 10 / Girls
11	2nd - 3rd Degree /11 - 13 / Girls

10:30 AM Tiny Tiger Competition Begins:

Ring No.	Division
13	White, Orange Yellow Belt Tigers - Ages 4 & under
14	White, Orange & Yellow Belt Tigers- Ages 5 & up
15	Camo, Green & Purple Belt Tigers
15	Blue thru Red/Black Belt Tigers

11:00 AM Junior Color Belt Competition Staging

11:15 AM **ALL** Special Abilities; 2nd - 3rd Degree /14 - 16 / Boys & Girls

12:30 PM Junior Black Belt Creative & Xtreme

1:30 PM Adult Color Belt Staging; Adult Black Belt Xtreme &Creative

Staging Times: All groups should meet in the STAGING AREA at the listed times where students will be divided into the correct divisions based on age, size, etc. These are APPROXIMATE times - we may run later due to unforeseen circumstances however; NO GROUPS WILL BE STAGED BEFORE THE LISTED TIME.



Denham Springs, LA April 24, 2010

Name _____ Gender _____
 Mbr # _____ Birthdate _____ Age _____ TopTenAge _____
 RANK _____ RANK I WISH TO COMPETE AS _____
 SCHOOL ADDRESS _____
 SCHOOL # _____ REGION _____

\$35.00 1st Family Member \$35.00 2nd Family Member \$10.00 3+ Family Members

**To Compete is to WIN!!!
 Competition Registration: \$35**

Traditional Taekwondo

Name

Rank

Member #

TopTenAge(12/31)

Family Members

3rd and Up

Judge Level

HOLD HARMLESS AND LIABILITY RELEASE WAIVER AGREEMENT

I, _____, have applied to participate in this ATA Regional Tournament. I understand that by registering in this tournament that I am subjecting myself to possible injury as I am voluntarily engaging in a contact sport. Before signing the application to register, I was given an opportunity to ask any questions that I may have relating to any danger or harm that I could be exposed to, and I have either asked the questions or have chosen not to ask.

By enrolling in this tournament I understand it is my responsibility to learn and understand all safety procedures and rules related to involvement in the ATA Taekwondo program. These procedures and rules apply not only to my training but also to participation in this tournament.

As part of the agreement in allowing me to participate in this tournament, I agree that the American Taekwondo Association (including its officers, employees, agents, tournament organizers, and any other student), will not be responsible for my safety nor do any of these parties assume any responsibility as guardian or a fiduciary. This specifically means that no one listed in this paragraph or associated with the American Taekwondo Association will be held liable for an injury, death or any other damages caused to me or to my family, decedents, heirs or anyone assuming any rights on my behalf, and I specifically waive any claim I may have against such persons or individuals.

As further consideration and as basis for allowing me to participate in this tournament, I agree to assume any and all risk of harm, and I specifically agree to release the American Taekwondo Association (including anyone connected with this tournament) as it relates to any damage, harm or injury that I might suffer, even if the event causing the damage, harm or injury was foreseeable or if such damage, harm or injury was created or caused by the negligent act of the parties I am releasing (this release will not apply to any intentional act). This agreement to hold harmless shall apply to any claim by me or my family, including my estate, heirs or any personal representatives in the event of my death for any damages, injury or harm that should occur by my participation in any training, tournament, summer camp or other program related to this participation in the American Taekwondo Association.

I state that I am of legal age (at least 18 years of age) and that no court has declared that I cannot sign such documents. I understand that this is a binding agreement and that I am waiving certain rights, and I know before signing this I have the right to have it reviewed by an attorney.

I have read this agreement and I understand what it means. I represent that I am in good health and that I assume responsibility for my continued physical condition and capability to participate in the ATA Taekwondo training and related activities.

 Witness Signature (Co-sign if competitor is a minor) Date

TO BE SIGNED IF ABOVE IS EXECUTED BY PARENT OR LEGAL GUARDIAN

As a parent and/or guardian of the person named above, we hereby wish to register _____, a minor in this ATA Regional Tournament and after reading the above terms and conditions, do hereby agree to the terms set forth above on behalf of the minor named herein. Since the person named above is a minor and I have agreed to the terms set forth above, I hereby agree to indemnify and save harmless the American Taekwondo Association (including anyone connected with the organization) for any harm caused to the minor or should the minor later bring an action against any of the parties. I understand that I have agreed to pay any cost relating to any claim against the above named persons (including legal fees to defend such action) and to pay any award of damages should one be made in favor of the minor against any of the parties. As further consideration for allowing the minor to enroll in the tournament I personally waive any claim or cause of action that may personally have as the parent or legal guardian in the event of any harm, injury or damage.

MEDICAL RELEASE: I, _____, on my own behalf or behalf of the named minor, hereby give permission to any licensed physician and/or hospital to provide emergency medical treatment which may be necessary due to any injury or accident incurred while participating in this Regional Tournament. I agree to be responsible for all costs related to such medical treatments.

MEDICAL INFORMATION: Doctor's Name: _____ Doctor's Phone: _____

Medical Insurance Coverage: _____ Policy Number: _____

Identification Number: _____ Indicate any restrictions to treatment and/or allergies to medication: _____

 Witness Signature (Co-sign if competitor is a minor) Date

"TINY TIGER"

Registration Form

If you are in the "Tiny Tiger" class in your school, you should compete in a "Tiny Tiger" division!!

NAME _____ GENDER _____

Mbr # _____ Birthdate _____ Age _____ TopTenAge _____

RANK _____ RANK I WISH TO COMPETE AS _____

INSTRUCTOR _____

SCHOOL ADDRESS _____

SCHOOL # _____ REGION _____

Forms _____ One Steps _____

\$35.00 1st Family Member \$35.00 2nd Family Member \$10.00 3+ Family Members

To Compete is to WIN!!!

Competition Registration: \$35

Tiny Tiger

NAME

RANK

Member #

TopTenAge (12/31)

Family Members

3rd and Up

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As further consideration and as basis for allowing me to participate in this tournament, I agree to assume any and all risk of harm, and I specifically agree to release the American Taekwondo Association (including anyone connected with this tournament) as it relates to any damage, harm or injury that I might suffer, even if the event causing the damage, harm or injury was foreseeable or if such damage, harm or injury was created or caused by the negligent act of the parties I am releasing (this release will not apply to any intentional act). This agreement to hold harmless shall apply to any claim by me or my family, including my estate, heirs or any personal representatives in the event of my death for any damages, injury or harm that should occur by my participation in any training, tournament, summer camp or other program related to this participation in the American Taekwondo Association.

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Witness _____ Signature (Co-sign if competitor is a minor) _____ Date _____

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Medical Insurance Coverage: _____ Policy Number: _____

Identification Number: _____ Indicate any restrictions to treatment and/or allergies to medication: _____

Witness _____ Signature (Co-sign if competitor is a minor) _____ Date _____

